

## PLACES FOR SENIORS TO BALLROOM DANCE

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<http://www.bettysdanceforfun.com/>

### MONDAYS

So. Park Comm Ctr (Tacoma)	253-591-5299	1-3 pm
Tukwila Community Center	206-768-2822	11am-1
Mid-County Community Center	253-531-8412	12:30-3 pm

### TUESDAYS

Kent Senior Center	253-856-5150	7:30-9:30 pm
Kent Senior Center	253-856-5150	1:15-2:15 PM FREE!
Milton Senior Center	253-922-6586	12:30-3 pm
Seattle Mountaineers (folkdance)	206-284-7442	7:30-10 pm Folk dancing all ages
Tacoma Elks	253-272-1117	7:30-10 pm

### WEDNESDAYS

Senior Center of W. Seattle	206-932-4044	1st Wed, 6-8:30 pm
So. County Sr. Ctr (Edmonds)	425-774-5555	10-11:30 am
Northshore Senior Center	425-487-2441	1-3 pm
Klahanee Lake Sr Ctr (Federal Way)	253-835-6900	10 am-12 noon FREE!
Federal Way Senior Center	253-838-3604	10:30-12:30 pm live bands
Pike Market Sr. Center	206-728-2773	1-3 pm FREE, 2nd & 4th Wed. Betty DJ/teach
No. SeaTac Comm. Center	206-973-4680	10:30-11:45 FREE!
Nisei Veteran Committee Bldg.	206-328-1336	1-3:30 pm
Auburn Senior Center	253-931-3016	10-11:30 am 2 <sup>nd</sup> & 3 <sup>rd</sup> Wed

### THURSDAYS

Federal Way Senior Center	253-838-3604	10:30-12:30 live bands
Renton Senior Center	425-430-6633	1-3 pm
Bitter Lake Senior Center	206-684-7524	1-3 pm, twice a month, \$1.00
Tacoma Elks	253-272-1117	7 pm

### FRIDAYS

Collins Grange (Tacoma area)	253-863-9055	12:30 -3 pm
Redmond Senior Center	425-556-2314	3rd Fridays 1-3:30 pm
Federal Way Senior Center	253-838-3604	10:30-11:30 am live bands
White Center Eagles	206-248-1400	7:30 pm
Auburn Eagles	253-833-2298	8:00 pm
Lake City Elks	206-364-1800	7:30 – 11:00pm
Tacoma Elks	253-272-1117	7 pm
Tacoma Eagles #3	253-473-9123	7 pm
Northgate Community Center	206-386-9106	1st Fridays, noon Betty lesson, Band 1-3 pm
Delridge Community Center	206-684-7423	Once a month, noon Betty lesson 12-1, Band 1-3

### SATURDAYS

Milton Senior Center	253-922-6586	3rd Sat 8-10 pm
Auburn Eagles	253-833-2298	8:00 pm
Tacoma Elks	253-272-1117	7 pm

### SUNDAYS

Horseshoe Grange (north of Maltby)	360-668-3939	"2nd Sunday except May 11:30 am-pm"
So. Park Community Center	253-591-5299	6:30-8:30 pm
So County Sr Ctr (Edmonds)	425-774-5555	1-3 pm
Des Moines Senior Center	206-878-1642	"usually 4th Sunday 1-4 pm"
Ballard Elks	206-284-7442	"Betty's lesson 6-7 pm Dance 7-10 pm"
White Center Eagles	206-248-1400	12:30-4 pm
Federal Way Senior Center	253-838-3604	"2nd & 4th Sun 2-4 pm"
Muckleshoot in Auburn	253-804-4444	Sunday afternoon, 3 pm

June 2010 Please call Betty McLain if there are changes 206-284-7442"  
 And there is more at <http://www.bettysdanceforfun.com/> or call Betty.

*Betty McLain*

Author: *Seniors Dancing: A New Fountain of Youth* to be published in 2010